

Kinistino Public School



Athletic Handbook

Home of the Blues

Kinistino Public School

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This handbook belongs to: _____

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Message from the Athletic Director

Dear Parents and Student Athletes,

Congratulations, if you have received this Athletic Handbook it means you have taken the first step to becoming a Blues Athlete. Being a Blues Athlete is prestigious role in our school and our community. Its position comes with responsibilities and expectations as junior athletes and elementary students will look up to you as a role model and for guidance throughout the school year.

The Kinistino Public School (KPS) believes in developing young men and women by using athletics as an extension of the classroom. Our volunteer coaches work very hard and sacrifice many hours in the pursuit of developing our students not only as athletes but also as young adults with sportsmanship, work ethic, accountability and integrity. It is our goal to help you refine your character and give you the tools to succeed outside of these walls.

To ensure your athletic experiences are enjoyable and meaningful at KPS we have created this handbook to outline some of the expectations and rules for our athletes, parents, and fans. We believe participation in interscholastic competitions have enormous benefits for our students and we strive to offer you a wide variety of programs at a competitive level. Although not every game, tournament or season will end up in the winning column the skills learnt and friendships forged can change your life.

Being a Blues Athlete is open to all students provided they meet the requirements outlined in this handbook and the rules that govern the Saskatchewan High School Athletic Association and our other governing bodies. If you have any questions about any of the information contained in the booklet, or something you think we may have overlooked please contact the school at 306-864-2252 and ask for the Athletic Director.

Have a great season and **Go Blues!**

Kinistino Public School Athletic Director

Trent Rumpel

Vision Statement

The Kinistino Public School athletic program will further educate and develop socially responsible students through participation in interscholastic competition.

Mission Statement

By providing a safe, supportive, inclusive learning environment with high expectations and challenging experiences the Kinistino Public School will cultivate student's physical, emotional, social and intellectual dimensions in order to help them achieve their highest potential in all aspects of their lives.

Program Values

The Kinistino Public School will:

- Have fun and create positive experiences for all participants.
- Conduct ourselves with integrity.
- Treat all athletes, fans, opponents and officials with respect.
- Create a culture of teamwork.
- Provide leadership from our coaching staff.
- Empower athletes as future leaders in our school and community.
- Build students perseverance and confidence.
- Celebrate successes.

The Pursuit of Excellence

Winning the game, tournament or a provincial title cannot always be the definition of success for our athletic programs. Many factors in a game such as distractions, officiating, injuries and talent levels are out of our control. Individuals and teams need to focus on things we can control in our pursuit of excellence. This includes our work ethic, humility, determination and attitude. Often games may seem like they come down to the last play but in reality it is the hours of practice and many small plays that determine the outcome. The success of our programs will be measured by how the individuals and team develop in fundamental areas such as team culture, player development and creating responsible role models for future Blues Athletes.

Blues Athletic Philosophy

The ambition of the Kinistino Public School athletic program is to further educate and develop socially responsible students through participation in interscholastic competition. We will achieve this by providing a safe, supportive, inclusive learning environment with high expectations and challenging experiences for all participants. We devote ourselves to cultivating student's physical, emotional, social and intellectual dimensions in order to help them achieve their highest potential in all aspects of their lives.

The objective of the athletic program is to create a culture of teamwork, leadership, perseverance, confidence, and respect. The athletic department seeks to provide diverse opportunities and showcase student's unique abilities to help foster their self-esteem. It is our desire to create role models in the school by demanding a high level of commitment, leadership, and community responsibility. Our volunteer coaches lead by example while demonstrating professionalism and competence in working with students to instill lifelong participation in physical activity. It is imperative for coaches to establish and maintain effective communication with athletes and guardians to ensure cooperation and equality.

The involvement in extracurricular activities is a privilege, not a right, and therefore has responsibilities that come with representing the Kinistino Public School and as an extension the community of Kinistino. In addition, the athletic program must adhere to the guidelines, policies, and bylaws that are enforced by the Saskatchewan High School Athletic Association (SHSAA), North Central District Athletic Association (NCDAA), Saskatchewan Rives Public School Division (SRSD), and the Prince Albert and Area Athletics Association (P4A). Blues athletes must strive to excel academically, acquire grit, work ethic, virtue, integrity and sportsmanship. Although winning is important it is not as imperative as acquiring the attributes that transform athletes into exemplary citizens.

Blues Athletic Department

Governing Bodies

The KPS athletic program must adhere to the guidelines, policies, and bylaws that are enforced by the following governing bodies:

Saskatchewan Rives Public School Division (SRSD); www.srsd119.ca

Saskatchewan High School Athletic Association (SHSAA); www.shsaa.ca

North Central District Athletic Association (NCDAA); www.ncdaa.ca

Prince Albert and Area Athletics Association (P4A). <https://sites.google.com/a/students.srsd119.ca/p4a/>

Athletic Department Personnel

If you need to contact any of the Athletic Department Personnel directly please call the KPS at 306-864-2252 or email any one of us and we will get back to you as soon as possible.

Athletic Director..... Trent Rumpel – trumpel@srsd119.ca

Assistant Athletic Director..... Adam Svekenson – asvekenson@srsd119.ca

Principal..... Jennifer Rheume – jrheume@srsd119.ca

Coaches List

Sr. Boys Volleyball, Jr. Badminton & Track and Field – Trent Rumpel

Sr. Girls Volleyball – Jana Hadland and Jennifer Rheume – jporter@srsd119.ca

Sr. Girls Basketball, 8/9 Boys Volleyball - Adam Svekenson - asvekenson@srsd119.ca

Jr. Girls Volleyball – Christine MacGillivray – cmacgillivray@srsd119.ca

Jr. Boys Volleyball and Sr. Badminton – Luke Tilford – ltilford@srsd119.ca

Jr. Boys Basketball – Sheldon Larson – sheldonlarson@srsd119.ca

Sr. Boys Basketball – Colin and Laura Sinclair – lsinclair@srsd119.ca

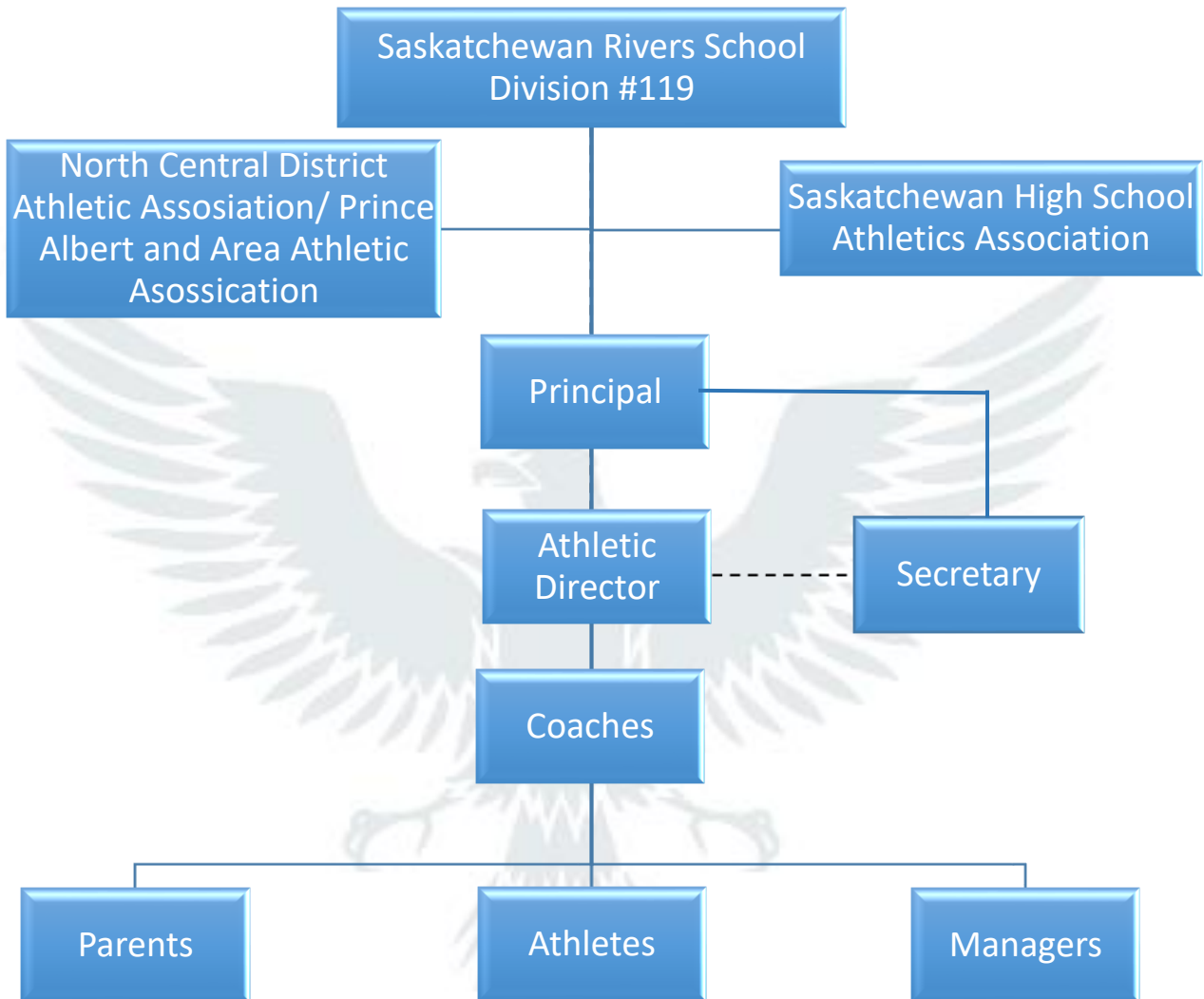
Jr. Girls Basketball – Monique Dudragne – mdudragne@srsd119.ca

Jr. Cross Country – Laureen Lussier – llussier@srsd119.ca

Football – Coop with Birch Hills Marauders

Lines of Communication

Clear communication between all stakeholders is critical to avoid misunderstandings. The KPS athletic department has created this flowchart showing the proper lines of communication.



Listed below is the outline for communication when there is a disagreement between coaches and players. It is always a great learning opportunity for athletes to be able to efficiently manage conflict resolution themselves.

- Step 1 – Athlete and coach communication
- Step 2 – Athlete, parent and coach communication (minimum 24 hour delay)
- Step 3 – Athlete, parent, coach and Athletic Administrator communication
- Step 4 – Athlete, parent, coach, Athletic Administrator and Administration

Parent Meeting

The coaches for each sport during the three sports seasons (Fall, Winter, Spring) should hold a parent meeting prior to the first game in each sport. Parents are encouraged to be in attendance. The meeting will allow parents to meet the coach for their student-athletes sport, ask questions, receive all information pertinent to the season and sign any necessary forms. See the appendix for a parent meeting outline.

Communication Tools

Coaches will communicate with parents and athletes in person, handouts, via email an app or by phone. The coach may provide a contact number for parents and student athletes to use in the case of emergency only.

Personnel Roles

Principal

The Principal is ultimately responsible for all matters related to the KPS athletic program. He/she will approve the Athletic Handbook, appoint the Athletic Director, approve of all coaches and assistant coaches, purchases from school generated funds and address concerns and complaints brought to him/her by players, coaches, parents, community members, and other school officials.

Athletic Director

The Athletic Director is responsible for overseeing all athletic programs at KPS. He/she must ensure the governing bodies philosophies are observed and practiced at all times. The responsibilities of the Athletic Director include the distribution of the athletic budget, coordinating practice schedules with the head coaches of each sport, coordinating transportation, scheduling of officials and conflict resolution. He/she is also responsible to provide guidance and support to all coaches and athletes. In addition, the Athletic Director will collaborate with the administration, coaches and parents to any needs of the athletic department around community coaches criminal record checks, KPS athletic awards, tournaments, conference, regional and provincial championships. Please see the appendix for the Athletic Directors Annual Checklist.

Assistant Athletic Director

The Assistant Athletic Director collaborates with the Athletic Director to maintain and organize the athletic program ensuring it is in compliance with all guidelines, policies, and

bylaws according to our governing bodies. He/she will assist in all duties of the athletic director as well as supervise and manage athletic events, evaluate coaches and any other necessary duties.

Coaches

The coach is responsible for ensuring a safe, respectful and challenging environment for all athletes. He/she must make roster decisions such as cuts (if necessary), confirm schedules, distribute and collect uniforms, complete injury or incident reports and communicate with parents. The coach must also enforce the Blues Athlete Code of Conduct on and off the court.

The coach must be a positive representative of KPS and conduct himself/herself with integrity and dignity. Coaches are expected to show respect for all athletes, coaches, fans and officials. They must make decisions based on the best interest of the team and development of the athlete.

Student Athlete

When representing KPS student athletes must conduct themselves in a respectful manner during class, practice, games and the while in the community. Student athletes are expected to be positive role models in the school by attending class, following rules and maintaining high academic standards. Failure to do so will result in reduced playing time, game suspensions, ineligibility or dismissal from the team.

In the event of a dispute, coaches and student athletes are expected to communicate in a respectful manner to find a solution. If the dispute cannot be resolved internally the Athletic Director will assist in the matter.

Parents

It is important to remember student athletes range in age from 11 – 18 and all of our coaches are volunteers who sacrifice their time for the betterment of your children. We hold our coaches and athletes to high standards. If you have a disagreement with a coach it is expected you communicate it privately and respectfully. If the issue cannot be resolved with the coach and player the Athletic Director and ultimately the administration will assist in the dispute.

At no point in a season is it appropriate for a parent to request feedback from the coach about team strategy, playing time, play calling, or other athletes. It is appropriate for a parent to contact the coach with concerns about their child's behavior, their skill development, and for physical treatment advice.

Parents play a pivotal role in the KPS athletic program. Parents model attitudes and behavior for their children which is why it is important to always cheer positively, be respectful

to other teams, fans, coaches and officials as well as encourage hard work in practice and games. If a parent or fan is not behaving appropriately the game will be stopped until the disruption is removed from the playing area.

The KPS athletic department would like to thank the parents of all our athletes. Parents are needed to drive athletes, volunteer to work canteens and admissions, and sacrifice family time to accommodate athlete's schedules. We invite all parents to attend our games and tournaments to show support to our athletes.

Seasons of Play

Although overlap is inevitable, the SHSAA has established seasons to protect athletes from overuse and injury as well as ensure that all schools have a fair and reasonable period to compete in. Every team can hold practices according to the SHSAA seasons of play as outlined in the SHSAA handbook.

Season	Sport	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Fall	Football (Carlton)										
Fall	Golf										
Fall	Cross Country										
Fall	Soccer										
Fall	Volleyball										
Winter	Curling										
Winter	Basketball										
Winter	Wrestling										
Spring	Badminton										
Spring	Track & Field										

Programs Offered at KPS

Listed below are the major programs offered by the SHSAA. Although the SHSAA championships are only for senior teams we have included all teams offered at KPS.

Season	Sport	Male			Female			Mixed		
		Elem	Jr	Sr	Elem	Jr	Sr	Elem	Jr	Sr
Fall	Football (Carlton)			✓			✓			
Fall	Golf		✓	✓		✓	✓			
Fall	Cross Country	✓	✓	✓	✓	✓	✓			
Fall	Soccer									
Fall	Volleyball		✓	✓		✓	✓	✓		

Winter	Curling		✓	✓		✓	✓		✓	✓
Winter	Basketball		✓	✓		✓	✓	✓		
Winter	Wrestling									
Spring	Badminton	✓	✓	✓	✓	✓	✓	✓	✓	✓
Spring	Track & Field	✓	✓	✓	✓	✓	✓			

As our class sizes and the number of students interested in athletics vary from year to year so will our team structures. Teams will be formed and structured by the Athletic Department at the beginning of each season. The Athletic Department will base their decisions on the athletes and team needs. Team structure will be based around the following principles:

- Elementary athletes consist of students in grades 6, 7 and 8. Teams compete in P4A league. This league stipulates teams must try to ensure equal playing time for all players during the regular season. During playoffs every athlete must play but playing time is at the discretion of the coach.
- Junior Athletes consist of students in grade 9 and 10. Teams compete in the Prince Albert 9/10 league or in the Senior B league ran by the NCDAA. All players will be given the opportunity to play however playing time will vary depending on skill level, position and attitude.
 - If Junior athletes are playing on a Senior team the policies of a senior team apply.
- Senior athletes consist of students in grades 11 and 12. Teams compete in SHSSA sanctioned events all over the province. Athletes are not guaranteed any playing time as it is solely based on the discretion of the coach.

The Athletic teams listed previously will only be offered if the following conditions are met:

1. A qualified teacher or community coach is willing to operate the team. The coach:
 - a. Is able to commit to regular practices and games
 - b. Has taken all SHSAA courses as required. Including:
 - i. Respect in Sport certificate
 - ii. Concussion in sport certificate
 - iii. Fundamentals of coaching certificate
 - c. Complete the SRSD van safety course
 - d. Is willing to complete additional sport specific coaching development courses
2. The number of athletes required is adequate for the particular sport
3. The team has a teacher sponsor (if a community coach is used)

4. Approval by Administration & the Athletic Director

If there is student interest in a sport that is not offered by the SHSAA, but is still considered a part of high school athletics (such as cheer team tournaments, National Archery in the Schools Program, ect) the teams must seek approval one month in advance of the season beginning. In addition to the conditions listed above, teams will have to fully fund themselves for the first year. After the first season the Athletic Director and Administration will have a post season evaluation to determine the future of the program.

Overlapping Commitments

The KPS encourages students to be well rounded multisport athletes. This results in overlapping commitments within school sports as well as non-school athletics. To try and maintain a balance at the KPS we have come up with the following resolutions for our athletics:

- The preceding activity has priority for practice and game times.
 - Coaches are expected to work together to develop a fair practice schedule at the beginning of the new season. This schedule will be rotating (morning, noon, after school, middle, and late practice times) with availability from administration.
- Coaches should try avoid scheduling overlapping games and tournaments. If this does occur the athlete is expected to attend the preceding sports conference, regional or provincial championships.
- A game will take precedence over a fine arts practice (band or drama) and vice versa

When school sports and non-school athletics overlap we encourage athletes to be fair and reasonable between both commitments. Athletes must communicate with coaches about overlapping schedules and be fair to accommodating both sports.

- Attend all practices when possible
- Games take precedent over practices

Failure to communicate with coaches may result in decreased or eliminated playing time.

Participation Fees

The KPS is committed to keeping costs for athletes to a minimum. Our main sources of funding comes through the schools internal budget and fundraisers. Although we currently do not charge a participation fee it is sometime necessary to charge small fees for things such as:

- Hotel costs for overnight tournaments (when staying in the school is not an option)
- Food and beverages
 - It is suggested to send food and drinks from home to help reduce the costs.
- Team clothing (warm up jerseys, hoodies ect.) which the athlete gets to keep

The costs are determined on a team by team basis through the coach, Athletic Director, and Administration. All participation fees are to be paid to the teams coach or the Athletic Director (if it is a community coach). Players must pay fees in full, or make arrangements with the coach or Athletic Director, before they are permitted to participate in games and tournaments. Fees are non-refundable unless extenuating circumstances requires individual consideration.

Team Accounts and Fundraising

Each team will be given a bank account and funds to start the season. The amount of funding available will depend on the internal school budget and amount of teams from year to year. The coach will have access to the accounts through their purchase card, in the case of a community coach the Athletic Director or Administration will oversee purchases. There will be school wide athletic fundraisers as well as individual teams will be able to organize their fundraising activities with the approval of the Athletic Director and Administration. Approval of fundraisers is necessary to prevent overlap and avoid badgering the community. Please see the appendix for the fundraising schedule. These funds will be used for:

- Uniforms
- Officials
- Hotel Costs
- Equipment
- Travel Costs
- First Aid Supplies
- Coaches Training
- Tournament Fees

Uniforms and Equipment

All uniforms will be provided by KPS. Uniforms will be issued by the coach at the start of the season and collected at the conclusion. Uniforms are to be cold water washed and hang

dried. If uniforms are lost, damaged or destroyed athletes will be responsible for the cost of replacement.

Teams that require uniforms include volleyball, basketball and soccer. Cross country, track and field, and football singlets/jerseys will be kept by the school and distributed before each event. Curling, golf, and badminton athletes are not required to wear team uniforms but are expected to wear KPS spirit wear.

Depending on the sport, teams might be provided with specialized equipment. The equipment is owned by KPS. The care and supervision of the equipment is the responsibility of the coach and shall not be used by the public or in a physical education class.

Gym Scheduling

Gym usage will be scheduled through the Athletic Director or Administration. At the beginning of each season the Athletic Director will meet with all coaches to create a schedule for practices, games and tournaments. While scheduling, games and tournaments will take precedent over practices. Coaches may request specific days and practice times however the schedule must be equitable to all teams. When seasons overlap priority will be given to teams who had the gym booked from the previous season. There must be a coach or teacher present at all practices and games.

Team Travel Policy

All school rules are in effect when team travel occurs. Athletes are expected to be prepared and on time for any athletic trips. Students are expected, but not mandated, to wear KPS spirit wear when attending team functions. All members of the athletic team must travel to and from all events as a team. Exceptions to this rule should be used sparingly but can happen in the following circumstances:

- Inform the coach a minimum of one day in advance
- A parent or guardian calls the coach with the alternate arrangements

Athletes will not be allowed to leave the team with anyone other than a parent unless parental permission is received.

Transportation

The main source of transportation for all athletics teams will be through the KPS van or in cases when both male and female teams are going to the same tournament a school bus.

Coaches reserve the right to assign seating on any school van/bus. When more than one team is scheduled to play out of town on the same day the team traveling the farthest distance will use the school van with the closer teams using parental drivers.

School Van/Bus

For more information on division rules for athletic travel please refer to the SRSD website where you will find the Administration Procedures (AP) 720 Student Conduct on School Buses and School Division Vans and AP 730 Extra-Curricular Bus Transportation. Other information needed includes:

- Booking the KPS van is done through the Athletic Administrator. Booking a school bus is done through the SRSD online staff room. Bookings must be done at least one week in advance.
- Any driver using a SRSD vehicle must have the proper safety training to use each vehicle.
 - SRSD van training certification
 - SRSD bus training certification and Saskatchewan Government Insurance (SGI) bus endorsement
 - Safety check forms must be filled out daily
- In the van, everyone traveling with the team is required to wear a seatbelt at all times
- The vehicle must be cleaned of garbage at the end of every use
- The vehicle must be left with at least $\frac{3}{4}$ left in the tank of gas

Private Vehicle Transportation

The SRSD Board of Education has set administrative procedures in regards to the transportation of students in private vehicles. The standards needed to be met before being able to travel in a private vehicle are in AP 735 Student Transportation in a Private Vehicle. Other forms that need to be filled out and returned for student's transportation in private vehicles include AP 735 appendix A and B. Please refer to the appendix for these forms.

Coaches Information and Expectations

School Faculty Coaches

The KPS views athletics as a way to further educate and develop socially responsible students through participation in interscholastic competition. Therefore coaches must hold the objectives of teamwork, sportsmanship, respect, and academic achievement above winning. All coaches are expected to abide by the following regulations

- Uphold all of our governing bodies policies and procedures
 - Know start dates and updated rules for their sport
 - Take the required coaching courses
 - Respect in Sport
 - Concussion in Sport
 - Any other sport specific required safety courses
- The KPS expects the coach to
 - Be diligent in their paperwork
 - Give rosters, season schedule and budget (if necessary) to the Athletic Director and parents as soon as the season begins
 - If an injury occurs in any practice or game a SRPSD Incident Report Form (MARSH)
 - Ensure all athletes have the proper paperwork filled in
 - Code of Conduct Agreement
 - AP 735 Appendix A Student Transportation in Private Vehicles Parental Consent Form
 - AP 735 Appendix B Application for Automobile Driver Authorization
 - AP 165 Local Authority Freedom of Information and Protection of Privacy (LAFIP)
 - If LAFIP is not filled out the Athlete cannot have their picture taken for public use
 - SHSAA Form E-7 Consent Form

- Keep track of any and all expenses
- Inform staff of excused absence
- At the conclusion of the season, submit any team award winners
- Be prepared for all practices, games and meetings
- Communicate information and schedules with the Athletic Director, athletes and parents as soon as possible
- Keep track of all equipment and jerseys
- Personal expectations of the coach should include
 - Using proper language at all times
 - Be respectful off all parents, opponents, fans, officials and players
 - Attend relevant professional development courses
 - Refraining from the use of alcohol, tobacco, marijuana or non-prescription drugs in any form while with the team.

Community Coaches

In addition to the KPS Faculty Coaches guidelines, according to SRSD policy all athletic teams must be supervised by a teacher. In the event of a community coach the follow things must be done:

- Have a teacher willing to accompany and supervise the team at all practices, games, and tournaments.
- A Criminal Record/Vulnerable Sector Check completed each year
- Complete all additional necessary courses
 - Fundamentals of Sport
 - Any other required (ex. NASP Certification)
- Be aware of SRSD policies and KPS athletics goals and principles as they differ greatly from club teams.

Professional Development

It is in the best interest of athletes to have coaches who are willing to advance their knowledge of skills and tactics. Approval for professional development courses will come from the Administration and Athletic Director under the SRSD and KPS policies.

Student Athlete Information and Expectations

The coach has the right to set behavior and curfew rules on any athletic trips. At the coach's discretion, players may be sent home at the parent's additional expense if they violate serious behavior rules related to drugs, drinking, illegal activities, opposite sex in rooms, etc.

Eligibility

Eligibility to participate in league games, tournaments and provincial championships is determined by the governing bodies listed previously in this document. In addition, KPS has created standards for our own student body including the following:

- Athletes must be in attendance for the day of a practice or game in order to participate in the practice or game. Legitimate reasons for an absence which would allow the student to participate on the same day as the absence include:
 - School Sanctioned Events
 - Appointments with Health Professionals
 - Emergency Situations
 - Planned absences for personal purposes that have been approved by the school administration
- Academics will take priority over athletic events. Athletes who are struggling with outcomes, assignments or exams will be mandated to success room to reassess in any areas of concern. If their marks do not increase within the week the athlete may need to miss games and practices until their marks return above a 2+.
- If a teacher gives an athlete any “Rarely” designations on their Characteristics of Successful Learners (CSL’s) they will receive decreased or eliminated playing time until the aforementioned teacher deems them eligible to participate.
- Students who are absent from classes due to illness are not eligible to participate on that particular day. It may be considered unethical for a coach to practice or play an athlete

who was ill earlier in the day. The effects of that illness may linger and present a potential health risk to the athlete, their teammates, and their opponents if the athlete practices or plays that same day.

- An athlete who is serving an in school OR out of school suspension is also suspended from participation in extracurricular activities, until such time as the student has been reinstated to classes. Upon return he/she is expected to practice with the team however they will not be allowed to participate or travel with the team until they sit a mandatory weekend suspension.

Conduct

Athletes are representatives and ambassadors of the KPS, the community of Kinistino and the SRSD. Athletes are expected to follow the Blues Athletic Creed at all times, please see the appendix for more information. In addition students must show leadership, integrity, sportsmanship, accountability and work ethic not only on the field/court but also in the community and in the classroom. All SHSAA sports have team aspects built into them which is why it is important to always have team objectives come before personal objectives. Failure to follow the conduct discussed in this handbook, any of our governing bodies handbooks or conducting themselves in a manner that reflects poorly on the KPS can result in decreased playing time, a suspension or the removal of the privilege to participate by a coach, supervisor, Athletic Director or Administration.

The KPS views extracurricular activities as an extension of the classroom, therefore as stated in the KPS student handbook and the SHSAA handbook: The use of alcohol, tobacco, tobacco replacement products, cannabis and cannabis products, or any other drug is not allowed by any student or coach during any student-centered activity sponsored by the Association or its Members.

Commitment

Being a Blues Athlete is a privilege that each student must earn. Commitment to the team includes attending all practices, games and team events. If you cannot make a team function you must provide the coach with advance notice and an explanation for the absence. While it is acceptable for a student athlete to have a job, it is not reasonable to expect the coach to accept

working as a legitimate reason for missing practice or a game. Failure to do so will result in decreased or eliminated playing time.

Overnight Trips

Curfew

In the case of overnight trips athletes are expected to be in their rooms from the time of curfew to the first morning activity. Failure to do so will result in decreased or eliminated playing time.

Room Selection

If the team is staying overnight in a hotel athletes will have up to 3 roommates (4 athletes per room). The room selection will be done by the coach.

Hazing & Offensive Language or Gestures

KPS forbids any form of hazing or negative initiation activities. The planning, initiation, or participation in such activities shall be dealt with under the behavioral expectation of KPS Athletics. Hazing with or without the consent of a student is prohibited and may lead to suspension or removal from a team and/or school. Furthermore, the use of grotesque language is not acceptable. Athletes who use profane, derogatory or abusive language or gestures will result in decreased or eliminated playing time.

Stimulants and Depressants

Any student who is in possession of any stimulant or depressant, including but not limited to alcohol, tobacco, marijuana, vaping, juul ect, that is not prescribed by a physician will have the following consequences:

- 1st offence - Weekend suspension
- 2nd offence – Removal from the team
- 3rd offence – All extracurricular activities are removed for the year

Cell Phone and Social Media

Athletes are to be responsible with the use of technology and engagement with social media. Cell phones are not to be used in any dressing room. In addition, athletes must follow the following rules:

- Student-Athletes will not post sexist, racist, obscene or profane material of any kind

- Student-Athletes will not use social media to degrade, demean, attack or threaten any person, school, organization, etc. Cyber-bullying of any kind will not be tolerated.
- Student-Athletes will not post material of acts that are in violation of the team, Athletics Department, or governing bodies policies or rules.
- Student-Athletes will not post materials that reflect negatively on themselves, their teams or the KPS or any of their opponents.

Injury

When an injury occurs during a practice or competition the coach must fill out an insurance form. Any student who is injured on or off the field/court that requires medical attention must present a note from a physician or parental consent before being eligible to practice or play.

Concussions

An athlete does not need to be knocked out (lose consciousness) to have had a concussion. If an athlete suspects they have a concussion they must inform the coach right away. The athlete might experience one or more of the following symptoms:

Concussions Continued

Thinking Problems	Athletes Complaints	Other problems
<ul style="list-style-type: none"> •Does not know time, date, place, period of game •General confusion •Cannot remember things that happened before and after the injury •Knocked out 	<ul style="list-style-type: none"> •Headache •Dizziness •Feeling dazed, dinged or stunned “having my bell rung” •Seeing stars, flashing lights •Ringing in the ears •Sleepiness •Loss of vision •Seeing double or blurry •Stomachache, stomach pain, nausea 	<ul style="list-style-type: none"> •Poor coordination or balance •Blank/stare glassy eyes •Vomiting •Slurred speech •Slow to answer questions or follow directions •Easily distracted •Poor concentration •Strange or inappropriate emotions •Not playing as well

It is very important that an athlete not go back to full participation in sport if they have any concussion signs or symptoms. Return to sport and physical activity must follow a step-wise approach. Each stage is at least 24 hours. The athlete moves on to the next stage when they can

tolerate activities without new or worsening symptoms. If any symptoms worsen, the athlete should stop and go back to the previous stage for at least 24 hours.

Stage 1: After an initial 24 to 48 hours of rest, light cognitive and physical activity can begin, as long as these don't worsen symptoms. The athlete can start with daily activities such as moving around the home and simple chores.

Stage 2: Light aerobic activity such as walking or stationary cycling, for 10 to 15 minutes. The athlete shouldn't do any resistance training or other heavy lifting.

Stage 3: Individual sport-specific exercise with no contact for 20 to 30 minutes (e.g., running, throwing). The athlete shouldn't do any resistance training

Stage 4: Begin practicing with no contact (no checking, no heading the ball, etc.). Add in more challenging drills. Start to add in resistance training.

Stage 5: Participate in practice with contact, once cleared by a doctor.

Stage 6: Full game play or competition.

Physical Education Class

All athletes are required to participate in their regularly scheduled physical education classes. If they have a medical excuse to not participate in physical education class, or they choose not to participate that day, they are not allowed to participate in their team practice or competition on that day.

Classwork

When athletes must miss class to participate in interscholastic events they are responsible for turning in class work due that day and for making up any missed work in a timely fashion. If the athlete is missing a quiz, test or presentation it is at the teachers discretion to allow the student athlete to reschedule the date and time.

Team Information and Expectations

Team Selection

All KPS students, who meet the requirements laid out in this handbook, have the opportunity to be a Blues Athlete. It is our goal in team selection to find opportunities not only for participation, but for success. Disappointments are inevitable when teams are selected and it is very important athletes feel the support of teammates, parents, and coaches. For students who

do not make athletic teams they are encouraged to continue to develop their skills and work ethic during their physical education classes, in our intramural programs and if we have enough athletes and coaches through the Prince Albert Sr. Leagues.

Elementary Programs

In our Elementary (grades 5, 6, 7 and 8) we have a no cuts and equal playing time policy during the regular season and round robin portion of tournaments. Once a team has reached playoffs or elimination games the coach can decide if he/she wants to continue with this philosophy. This level is intended to build skills and have fun while playing sports. Emphasis at these levels will be put on learning fundamentals, developing skills, team work and good habits. The level of success achieved in an athletic program is dependent on the skills developed in younger years which is why we do not stress winning as much as we do playing for the love of the game.

Junior and Senior Programs

Junior teams (grade 9 and 10) and Senior teams (grade 11 and 12) will be limited to the number of participants set by the SHSAA and or the seating capacity in the 15 passenger van. In a situation where cuts need to be made, teams must hold open tryouts. Cuts will not take place until after the second day of tryouts and team selection will be done by the coaches. Before the tryout coaches will provide athletes with expectations and a tryout criteria. It is then the student's responsibility to demonstrate they can meet those expectations. Final selections of team players should be based on attitude, coach-ability and skill.

Playing Time and Positions

The KPS senior programs participate in highly competitive games and tournaments. This means there will be very few instances where playing time between players is equal. The amount of playing time will vary from game to game and week to week. Neither the player's grade nor years of playing experience will be a factor in playing time. Playing time and the position an athlete will play is regulated by the coaches and is determined by practice attendance, attitude, effort, commitment, and skill.

School/Family Vacations or Extended Absences

Team members are expected to attend all team practices and games. Athletes who are absent for an extended period of time due to vacation or planned absence must discuss the situation with the coach before trying out for the team.

Selection of Team Captains

Being the captain of a Blues team comes with added responsibilities. Captains are expected to have good relationships with teammates and coaches, lead by example, put the team first, and have good work ethic. Captains may be asked to meet with the Athletic Director or Administration during the year to help scrutinize the programs. Coaches will decide the criteria for team captains as well as how they are selected. Coaches can appoint captains themselves or hold team votes. Captaincy can be removed from an athlete if they are in violation of this handbook.

KPS Athletic Awards

At the conclusion of every month, season or athletic year the Athletic Department, Administration, and Coaches will discuss the winners of individual athletic awards. These awards will be handed out at the KPS awards evening held in June. Below is the award criteria that we will use for each of the categories.

Athlete of the Month

Each month the Athletic Department will collaborate with coaches and teachers to identify players who are upholding the Blues Athletic Creed. The winning athlete will be displayed on our athletic “Wall of Fame” for the month as well as join our other winners in the KPS yearbook. The winner will receive a KPS certificate and Blues spirit wear for their leadership efforts. This award will be given to one elementary and one high school athlete per month.

Female and Male Athlete-of-the-Year

The Athlete-of-the-Year award is given to both a male and a female athlete in division III (grades 7 – 9) and division IV (grades 10 – 12). These awards winners will have their names added to the respective trophies and receive a plaque for their own use. The expectations for the athlete of the year include:

- Has participated in multiple school sports
- Lives by the Blues Athletic Creed.
- The athlete has demonstrated an above average degree of:
 - Athletic ability
 - Leadership

- Sportsmanship and
- Qualities that have brought the pride and respect to himself/herself and the KPS in the view of the community, officials and opponents.
- Has maintained a quality effort in academics by participating in class and being on time.
- Above all, the athlete should be an example, or epitomize the type of athlete and individual who the KPS strives to develop through the support of extra-curricular athletics.

Athletic Achievement Award

The KPS Athletic Achievement Award is presented to a division IV athlete who has contributed to our athletic programs for several years. The characteristics of the winner include:

- Has participated in multiple school sports
- Lives by the Blues Athletic Creed.
- Contributes to every team without being recognized as the MVP
- The athlete has demonstrated an above average leadership, sportsmanship and qualities that have brought the pride and respect to himself/herself and the KPS in the view of the community, officials and opponents.
- Has maintained a quality effort in academics.

Most Valuable Player Awards

The Most Valuable Player Award is chosen by the coach of the team. It is given to one athlete from every team listed in the programs offered at KPS. The MVP goes to the athlete who shows the following characteristics:

- The athlete has shown strong leadership skills throughout the year.
- The athlete has shown consistent and positive teamwork skills.
- The athlete has been an outstanding role model to others.
- The athlete has shown sportsmanship throughout the season.
- The athlete has shown a relentless work ethic in all areas of the sport.
- The athlete has shown perseverance in achieving success.
- The athlete has maintained a quality effort in academics.

Spirit of Youth/Junior Leader Award

While the Spirit of Youth/Junior Leader Award is not necessarily given to an athlete every year there are often athletes who qualify. The award is given to a male and female student in division III and division IV who have the following qualities:

- Is involved in multiple athletics or fine arts programs
- Shows leadership, dedication and spirit in athletics or other school programs.
- Inspires others to be a positive example for teammates or other participants
- The student has maintained quality effort in academics.



Appendix A

BLUES ATHLETIC CREED

BLEED BLUE

1. Do what is required of you to be a valuable member of the team.
2. Represent our school & community with class and dignity at all times.
3. Doing the right thing, even when there is something to lose.
4. Be proud of our history & be humble as you aspire to leave your mark.

LEAD

1. Do what you can to help others on your team be better.
2. Encourage teammates in times of success & more importantly, during times of struggle.
3. Be accountable for all your actions. Players are both athletic & social leaders in our school.
4. Leaders become great not because they have power, but because of their ability to empower others.

UNDERSTAND COMMITMENT

1. Without commitment, team & individual success is impossible.
2. Realize success is the product of hard work & dedication.
3. Understand why you are playing. Do your goals match up with the teams goals?
4. A balance must be found when committing to multiple activities.

EXUDE EFFORT

1. Effort is controllable, so give 100%.
2. Success is the result of effort & struggle during practice.
3. The first play of the game is just as important as the last, no matter the score.
4. One must be resilient in the face of adversity.

STRIVE FOR EXCELLENCE

1. You are a "Student Athlete". Student comes first.
2. Excellence is a result of working as a team to accomplish goals.
3. Keep raising the bar. Once you reach a goal, strive for more.
4. Be coachable. You may not become a great player, but you will become a great person.

Appendix B

Preseason Parent Meeting Agenda

1. Sport Philosophy
 - P4A philosophy
 - SHSAA philosophy
2. Review your coaching philosophy on:
 - Competition: Where is winning on your list of priorities?
 - Participation: How will you decide on playing times?
 - Academics: How important is it that your student-athletes succeed in class?
 - Communicating: Text or social media
3. Discuss the requirements of student-athlete regarding:
 - Fees and Special Equipment: What does participation cost?
 - Attendance: When and where are practices and games? What happens if players don't attend?
 - Diet and Nutrition: Provide information on eating habits before, during and after matches, hydrating, and current information on banned substances and nutritional supplements.
 - Code of Conduct: Discuss disciplinary procedures for violations.
4. Discuss parent participation, including such issues as:
 - Transportation: Are parents responsible for getting their kids to and from practices and games? Are there any specific forms that need to be signed?
 - Attendance: Ask parents to come to games to cheer on the team whenever possible.
 - Discussions with the coach: Let them know you'll gladly deal with their concerns at the proper place and time – and that during or after practice or a game is not the proper time.
 - No criticism of officials: Their job is tough enough and they do their best.
 - Scheduling conflicts: Ask parents to alert you well in advance.
5. Discuss parent sportsmanship, including such issues as:
 - Cheering: Parents should cheer only successful plays, and should cheer opposing players when they deserve it, though favoritism is expected. Negative comments at either team are never appropriate.
 - Instructing: Ask parents not to do it. Leave the coaching to the coach.
 - Discussions with kids: Tell parents to talk sportsmanship and skill development as well as scores, and to congratulate kids when they do well in all these areas.
 - Role-modeling: Ask parents to model ethical and sportsmanlike behavior for their kids at all times.
 - Self-enforcement: Ask them to police their own behavior and to regulate each other at games.
6. Distribute Codes of Conduct for Parents and Athletes and have everyone sign it.
 - Have parents fill out all appropriate conduct, permission, transportation, and medical forms

Appendix C Athletic Directors Annual Checklist

August
Review extracurricular assignments
Meet with Fall coaches
Assist in scheduling tryout dates
September
Initiate procedures for any students who have transferred to your school
Attend NCDAA Fall Meeting
File E3 SHSAA Form(School Team Registration Form) Send cheque to SHSAA Office
File E5 SHSAA Fall Activity Eligibility Forms (online)
Promote and attend NCDAA officials' clinics
File E10 SHSAA Form (School Enrolment Registration Form).(online)
File E1 if needed
Make decisions regarding coop agreements and initiate paperwork if necessary.
October
File officials in Officials Registry (online)
Promote High School Sport Week
Send a copy of your E-10 to NCDAA treasurer with check for student levy
November
Wrap up fall activities
Meet with winter activities coaches
Check for date of basketball officials clinic
December
File Winter Officials in Officials Registry
File E5 SHSAA Eligibility Forms
January
File E-5 for Curling and Wrestling
Attend NCDAA Executive Meeting
Check playoff dates and location
March
Wrap up winter activities
Meet with spring activities coaches
Nominate coaches, officials for NCDAA and SHSAA awards
Submit resolutions for NCDAA and SHSAA AGM
April
Attend NCDAA Spring Meeting
Recruitment for workers for District Track and Field
File E5 SHSAA Badminton eligibility

May
File E-5 for Track & Field
Promote SHSAA Coaches Symposium
Preview resolutions with coaches and administration in the building
Check uniforms and equipment needs for upcoming year and order early
June
Spring activity wrap up
Attend SHSAA AGM
Plan for next year's activities



Appendix D SHSAA Forms

All forms and due dates can be found using the following link:

<http://www.shsaa.ca/page/show/968456-forms-and-due-dates>

E1	Application for Reclassification
E2	Use of Grade 8 Students Form
E3	School Team Registration Form - must be done online
E4	Canadian School Sport Federation Inter-Provincial Competition Sanction Form
E5	Activity Eligibility Form - must be done online
E7	Health Certificate and Parents' Permission Form
E8	Member School Special Report Form
E9	Official's Report – Special Report Form
E10	School Enrolment Declaration Form
E11	Service Award Nomination Form
E12	Merit Award Form
E13	Evaluation and Recommendation Form
E14	Declaration For Non-Faculty Coach
E15	Registry of Officials - must be done online
E16	Basketball/Volleyball/Soccer Seeding Form
E17	Student Transfer Form
E18	Home School/Distance Learning Form

Appendix E

Saskatchewan Rivers Public School Division Administrative Procedures and Forms

All AP forms can be found by using the following link: www.srsd119.ca/?page_id=660

AP 140	Staff, Parent, and Student Concerns
AP 155	Tobacco and the Use of Tobacco Products
AP 165	Local Authority Freedom of Information and Protection of Privacy
AP 300	Student Code of Conduct
AP 336	Violence and Student Harassment
AP 337	Alcohol and Drugs
AP 405	Employee Expectations and Code of Conduct
AP 410	Criminal Records Check
AP 473	Volunteers
AP 550	Fund Raising
AP 625	Community Use & rental of School Facilities
AP 710	Bus Cancellations: Cold or Extreme Weather Conditions
AP 720	Student Code of Conduct on School Buses and School Division Vans
AP 725	Special Use of School Division Buses and Vans
AP 730	Extra-Curricular Bus Transportation
AP 735	Student transportation in Private Vehicles
AP 735	Appendix A – Parent Consent Form
AP 735	Appendix B – Application for Automobile Driver Authorization
AP 810	Acceptable use of Technology for Students

Appendix F

School Fundraising Schedule

All groups approved to engage in a fundraiser will file a report to the athletic director at the end of the fundraiser showing funds at the beginning and ending. Included should be any and all receipts that correlate with these funds.

Football – as this program is a coop with another school we do not provide a fundraiser for this activity. When other schools approach us with their fundraisers we accommodate accordingly.

Golf – as our numbers are quite low, but green fees quite expensive, they are given the canteen and the ability to fundraise for the first two weeks of September.*

Cross Country – as there is not a significant cost in cross country their accommodations are covered by the general athletics fund.*

Volleyball – The team is able to run the canteen and host fundraisers for the last two weeks of September, all of October and the first two weeks of November. **

Curling – Our curling numbers are also quite low, however they are able to run the canteen and fundraise for the last two weeks in November.*

Basketball – The team is able to run the canteen and host fundraisers for the longest period of time as the season spans several months because of school holidays. The team is able to run the canteen and host fundraisers for all of December, all of January, and depending on the school calendar the first two or three weeks of February until the break.**

Badminton – The team is able to run the canteen and host fundraisers for whatever time remains in February after the break and all of March.*

Track and Field – The team is able to run the canteen and host fundraisers for all of April and May.*

The month of July is a fundraiser free month unless approved by the athletic director. The SRC will run the canteen during this time period.

*This time period is for both genders as there is only one coach for the team

**This time period is split between both the boys and girls teams. The coaches of the respective teams can communicate to find a better fit for each individual team. If there is a disagreement on dates or availability it will be discussed with the athletic director who has the final decision.

Appendix G

Administrative Procedure 735

STUDENT TRANSPORTATION IN PRIVATE VEHICLES

Background

In certain circumstances, the transportation of students may be provided using private vehicles. The school principal is responsible for the administration of this policy.

Procedures

- 1.** The use of private vehicles for transporting students on approved school sponsored activities should occur only when commercial sources of transportation are not available and when the principal deems the former mode of transportation unsuitable.
- 2.** The Board cannot place primary insurance on a vehicle that it does not own, rent or lease. A minimum personal liability insurance coverage of \$2,000,000 must be carried on each private vehicle used to transport students on school approved trips.
- 3.** A parental consent form signed by the parents must be obtained for each student to be transported by private motor vehicle. One consent form may cover a series of trips.
- 4.** No student, irrespective of age, may drive a private vehicle transporting other students to school sponsored activities during school hours or as school representatives, without additional written permission from their parents.
- 5.** Students representing their school at extra-curricular activities (i.e. sports, debates, drama) shall be transported in school-approved transportation, by their own parents, or by themselves with parent permission. Parents shall advise the principal in advance of the activity if the student is not traveling with the rest of the students. Students who disregard this provision shall be prohibited from participating in the activities.
- 6.** The number of persons transported in any one private vehicle may not exceed the insured passenger capacity rating of that vehicle (i.e., the number of seatbelts provided in the vehicle).
- 7.** All drivers transporting students in private vehicles shall provide the Principal/designate with a copy of a valid Driver's License and a signed application for driver authorization.



Appendix H

AP 735 Appendix A

STUDENT TRANSPORTATION IN PRIVATE VEHICLES PARENTAL CONSENT FORM

Saskatchewan Rivers Public School Division Administrative Procedure 735, Transportation in Private Vehicles requires a parental consent form be completed when private vehicles are used for transportation.

Declaration:

I _____ Parent/Guardian of _____
hereby give permission for my son/daughter to be transported in a private vehicle.

In addition,

- _____ I do not give my child permission to travel to sporting events with other students.
 _____ I give my child permission to travel to sporting events with any team member.
 _____ I give my child permission to transport any team member.
 _____ I give my child permission to travel to sporting events with only the following students:

Signature of
Parent (or) Guardian

Date

Principal's Signature

Date

Consent and Authorization:

I have read and understand all of the information and consent form. I consent to the participation of my child in all team activities. I give consent for my child to accompany the team as a member on out of town trips and will not hold the school responsible in case of accident or injury whether it is en-route to or from another school, practice, competition, or any school event. If I cannot be reached in the event of an emergency, I also give consent and authorize the school to obtain medical care as is reasonably necessary for the welfare of my child if he/she is injured in the course of school activities

Parent/Guardian Signature



**Appendix I
Administration Procedure 735 appendix B**

**APPLICATION FOR AUTOMOBILE DRIVER AUTHORIZATION
(For Current School Year Only)**

School Name: _____ School Year: 20__ - 20 __

Driver's Name:

1. _____ Driver Lic # _____ Class: ____ Expiry:____

2. (IF alternate Driver) _____ Driver Lic # _____ Class: ____ Expiry:____

Driver's Address: _____ Telephone:_____

Insurance (package policy) on Vehicle:

Company _____ Policy _____

Agent: _____ Liability Limit: \$ _____

Commitments:

I/We agree to abide by the requirements of the Highway Traffic Act and the applicable Traffic Bylaws while acting as a volunteer driver for school functions. I undertake to report to the school principal all incidents and any suspension of my license or change in my insurance status which may occur after the date of this authorization while it remains in force (i.e.: current school year).

I/We agree to operate the automobile referred to herein in a safe manner, to drive in accordance with the Highway Traffic Act, to limit the number of passengers to the number of seat belts which are usable and to comply with the directions of teachers or agents of the Board of Education.

I/We accept the foregoing undertakings and certify that the information contained in this application is accurate to the best of my knowledge:

Driver: _____ Vehicle Owner: _____

Driver: _____ Vehicle Owner: _____

Parent/Guardian (if driver is under 18 years of age): _____

Notes:

Applications can be approved only when the driver possesses a valid driver's license.

FOR OFFICE USE ONLY

The above named driver is authorized to drive for the school during the current school year.
The help is appreciated.

Signature of Principal (or Vice Principal): _____ Date: _____

Appendix J**SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION – Form E7 Consent Form**

Name of Student: _____ Date of Birth: _____

Medical Information

We recommend that all students have a physical examination by an appropriate healthcare provider before participation in any high school sport. Please provide any relevant medical information that will help ensure the safety of your son/daughter:

ALL MEDICAL INFORMATION IS FOR CONFIDENTIAL USE ONLY TO HELP ENSURE THE SAFETY OF THE STUDENT. *If your child has any of the following conditions we highly recommend a thorough evaluation by a healthcare practitioner or specialist before participating in high school sport.*

- | | |
|---|--------------------------------------|
| 1. Heart Problem or High Blood Pressure | 2. Serious Neck or Back issue |
| 3. Problems due to hot or cold weather | 4. Epilepsy (seizures) |
| 5. Head Injury/Concussion (Within 1 year) | 6. Asthma (wheezing or bronchitis) |
| 7. Diabetes | 8. Bleeding Problem (blood disorder) |
| 9. Kidney Problem | 10. Eye Injury/Problem |
| 11. Loss/Lack of a paired organ (e.g. only one eye, kidney, testicle) | |
| 12. Infectious Disease (e.g. Mono, Hepatitis within the past year) | |
| 13. Significant injury to bone, joint, ligament, tendon within the last 2 years | |
| 14. Major surgical procedure | |
| 15. Family history of sudden death at a young age (<40 years) | |
| 16. Allergies, Current Prescription or Non-Prescription Medications | |
| 17. Any other significant health problems | |

Terms and Conditions of Consent***Acceptance of Risk***

1. I acknowledge that there is the possibility for injury in any sport. I have reviewed the risks associated with the sport/s listed below and understand that serious injury, and even death, is possible with such participation and I accept that there is a risk of injury to the student. I have had time to gather information about the sport/s and to ask questions of the school if I wished to do so.

Medical Information

2. I understand that certain activities require a minimum level of fitness and health (physical, mental, emotional) and that each person has a different capacity for participation in these activities. I agree that:

- I have accurately set out the medical information concerning the student in this form;
- I will immediately update the school/coach with any changes to that medical information.

Authorize Emergency treatment

3. I authorize emergency medical treatment for the student should the need arise for such treatment while the student is under the supervision of school division staff or coaches and I authorize the use or disclosure of the student's individually identifiable health information should treatment for illness or injury become necessary.

*(Form E7 continued)***Compliance with Rules and Regulations**

4. I understand that the school division policy, procedures and rules for athletics are designed for the safety and protection of participants, and I will make my best efforts to have the student abide by these policies, procedures and rules.

Liability of School Divisions limited

5. I agree that the Board of Education, including its employees, servants or agents, shall not be liable for any injury to the student or loss or damage to any personal property arising from, or in any way resulting from participation in this activity, unless such injury, loss, or damage is caused by the sole negligence of the School Division or its employees, servants or agents while acting within the scope of their duties.

Consent of Parent/Guardian

I have carefully completed this form as accurately and fully as possible. I have read the *Terms and Conditions for Consent* outlined above and have had the opportunity to ask questions about any of those terms and the rest of this form.

I give permission for the student to participate in the following sports during the

20__ - 20__ school year: All sports listed below

Or: Only the following sports:

Badminton Curling Soccer Wrestling Basketball Football
Track and Field Cross Country Golf Volleyball

Parent/Guardian Signature: _____

Date _____

Phone # _____ Email _____

Second Parent/Guardian: Phone # _____ Email _____

Consent of Student

I have carefully read and reviewed the information on this form:

- I agree that the information provided with regard to my health is accurate. I understand that I must provide updates about my health if anything changes.
- I understand that there is a risk of injury when participating in the sport listed above. I have had the time to research or to ask about those risks.
- I understand that I must follow the rules and regulations of school sport.
- I agree that the school can share my medical information if needed for emergency treatment.

Student Signature: _____ Date: _____

Appendix K**Kinistino Public School Student-Athlete/Parent Code of Conduct Contract for Participation**

We have read and agree to fully abide by the terms of the Kinistino Public School Handbook. Failure to comply with the policies set forth in the handbook may result in reduced playing time, my suspension and/or dismissal from a sports team and, potentially, my dismissal from the sport program for season.

As a Kinistino Public School Athlete I will:

- Work toward developing the mental and physical well-being needed to make wise decisions consistent with my academic, athletic and career goals.
- Demonstrate proper and acceptable social conduct in school, and on any school-supervised trip/event under the direction of coaches and/or supervisors.
- Strive for self-improvement as a student, athlete, and ethical citizen.
- Be dedicated mentally and physically in order to help my team succeed, knowing that it will often mean self-sacrifice on my part.
- Not make disrespectful remarks to or about: my team, my coaches, supervisors, my school, an opponent, opposing coaches, or an official on or off the field/floor.
- Be responsible with the use of technology and engagement with social media.
- Not use profanity.
- Report to practice and games on time and prepared to participate.
- Not use, possess, or be under the influence of alcohol, illegal substances or tobacco while at any Kinistino Public School event.
- Not engage in acts of initiation, hazing or harassment of another person, who may or may not be part of my team.
- Respect the Blues Athletic Creed.
- Be a positive ambassador for the Kinistino Public School.

I have read this document. With the acceptance of these responsibilities, I will begin the season knowing that violation of any of these responsibilities and/or rules will cause me to be placed on athletic probation and possibly dismissed from the Cougar Athletic Program.

Date	Print Name	Student-Athlete Signature

Date	Print Name	Parent Signature

Appendix C

SRPSD Extracurricular Activity Participation Waiver Form

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

(To be executed by Participants over the Age of Majority)

WARNING - PLEASE READ CAREFULLY BEFORE SIGNING

By signing this document, you will waive certain legal rights – including the right to sue COVID-19

Disclaimer

Saskatchewan Rivers Public School Division (SRPSD), and their respective board, directors, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the extracurricular activities take place, and representatives (collectively the “Organization”) are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the extracurricular activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization (Saskatchewan Rivers Public School Division (SRPSD)) has put in place preventative measures to reduce the spread of COVID-19; however, SRPSD cannot guarantee that I will not become infected with COVID-19. Further, participating in extracurricular activities could increase my risk of contracting COVID-19.

In consideration of the Organization allowing me to participate in the extracurricular activities, I agree that COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death. I am participating voluntarily in extracurricular activities and I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the extracurricular activities associated with contracting COVID-19 or any other contagious disease.

Release of Liability and Disclaimer

In consideration of the Organization allowing me to participate, I agree:

- a) That the sole responsibility for my safety remains with me;
- b) To ASSUME all risks arising out of, associated with or related to my participation;
- c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities;
- d) To WAIVE any and all claims that I may have now or in the future against the Organization;
- e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in extracurricular activities;

